

**Stow-Munroe Fall Athletic Booster Club Meeting
Wednesday, January 14, 2008**

The meeting was called to order at 7:00 p.m. Last month's minutes were reviewed by all. Jim McCleary motioned and Tom Harrell seconded to accept the minutes as written. The motion carried unanimously.

Correspondence – None

Treasurer's Report – See attached report. The net income is low but don't be alarmed – we also have a money market account and our big fundraisers are coming up this spring.

Guest Speaker – Amanda Kephart, Strength and Conditioning from Akron General Medical Sports Performance Center spoke to the membership about ACL injuries. She's a former Division 1 strength and conditioning coach. Their goal is to decrease the risks of ACL injuries in order to keep athletes playing. There are proven and not proven risk factors to ACL injuries. Some examples of non proven that coaches/parents might be able to help with preventing are ankle braces and shoes. An ankle brace will limit the mobility of the ankle bone and the newer basketball shoes with the added weight will do the same. Try to avoid both. The proven aspects are family history which you can't change. Most injuries are non-contact injuries, which is higher in women. Other proven factors are fatigue level and the #1 risk factor is knees bowing in. That happens 2 ways – you are either born with it or you have bad movement habits. Watch your athletes when squatting and verbally tell the athlete to keep knees out and away and over your toes and strengthen – teach your athletes how to use their backside and relax their quads. Attached is a hand –out with more information but its key to have good, proper form when exercising/conditioning. Our number one goal is the keep our athletes playing!

Committee Reports

Membership – No Report.

Concessions – No Report.

Advertising – No Report.

Volunteers – Heidi Covan will be the new volunteer coordinator.

Facilities – As the weather breaks look for us to be tearing up the field to get it ready for our first game. Relay for Life will be using the stadium again this year and they will *not* be permitted to use any part of the infield.

Coaches Reports

Softball – Pitchers and Catchers will start the end of February. Our softball /baseball reverse raffle is coming up Jan. 31st. If you need tickets please see me.

Swimming/Diving – Both boys and girls have current records of 4-1.

Girls Lacrosse – We've been lifting in the weight room. We're sharing the KSU facilities with boy's lacrosse for some indoor practice.

Boy's Lacrosse – Indoor practice at KSU. Our indoor league is 4-2 with 4 games remaining.

Bowling- The girls team is currently 10-0, 8-0 in our conference. The boys are currently 7-3, 5-3 in the conference. We're having a fundraiser on Friday, Feb. 13th – look for the flyer on the booster web-site.

Girls Soccer – In our off season with the girls on club teams.

Boys Soccer – Currently boys are in an indoor league at NC in a 12 week session.

Baseball – Conditioning 4 nights a week. Reverse Raffle on Jan. 31st. See John or Mike for tickets.

Kimpton – Boys basketball is currently 4-7 for the 8th grade and 8-3 for the 7th grade. We had a scrimmage with a Toledo team that was a lot of fun. Wrestling is currently 5-0 and girl's basketball starts next week.

Track – We're in our down time. John Roseman is trying to get some time in at KSU field house so the kids can run at least once a week indoors during the cold. The girls are conditioning and lifting.

Football – We had our banquet and have 95 student athletes. 17 of our 19 seniors received the Booster Club 4 year commitment award. Our all league first team recipients were Alex Thomas, Mike Levandowski, Rick Bailey, Zack Speer and Jeff Trimmer with honorable mention going to Nick Vitt and Mike Jefferson. We are lifting 3 days a week at 6 a.m. and will go to 4 days in February. We're excited about the weight room improvements and will hopefully have Phase 1 completed the weekend of the 23rd or at the latest the week of the 26th.

Girls Volleyball – We're starting strength and conditioning with open gym next week. Dana Cummings was selected to the all Summit County team and Chelsea Harvey was selected Summit County Play of the Year. Coach Scott Carter was selected Summit County Coach of the Year.

Boys Golf – Coach Ken Miller was selected NOC Coach of the Year.

Athletic Director Report

Cyle just came from the newly formed PRO STOW meeting. To summarize they would like people to say positive things about our community. Karen Powers also mentioned that there are PRO STOW signs you can purchase if anyone is interested. For more information contact Molly Emery or Cindy Pribonic.

Bob Heller confirmed that we will be doing the KSU beer fundraiser again next year.

Thanks to Val Bonacci for all her hard work on the Road Kings game coming up next Saturday. Get the word out and try to attend – should be a lot of fun.

Thanks to Kim and their company Willo Security for helping out with the FBI/BCI fingerprinting that is now required for any one working as game help.

Planning is underway for the Spring Sports Parent Meeting. I'm working on the date and have a guest speaker lined up regarding Integrity and Character. More info to come.

OLD BUSINESS

The Booster Club has hired John May, CPA and treasurer of the Stow Community Foundation to file for the club's 501 c-3 status with the IRS. This may take up 3 – 6 months. We need to submit the by-laws so he can complete the application. Please look over the old and new by-laws that were available in the back. President Weddle has made some changes that are in BOLD. Particularly Article XIII Section 6 – one vote per card carrying member and each family membership includes (2) membership cards.

Chuck Duchon asked about Article III, Section 4 – should all officers be bonded since checks written need 2 officers signatures. It was agreed that all should be bonded and Tim/Mark will please make those changes. We'd like to vote on the by-laws next month, unless there are any other changes. Between now and then if there are any other changes, please e-mail them to Kim.

BCS Update – We are ready to pull permits and hopefully start to dig the foundation. We are in need of an electrician – if anyone knows of someone willing to help, please see Mike or e-mail him.

Fry Trailer – The floors are in and it's looking great! The old trailer is cleaned out and Leo Kline from SYB may be interested in purchasing the old trailer from us. He will be presenting it at his next board meeting and will let us know. Otherwise it will go up on E-Bay.

There are Concrete blocks with Stow Bulldogs embossed in them for sale for \$20. Order forms are available from Val Bonacci.

NEW BUSINESS

Coaches Meeting – We had our 1st coaches meeting and it was a fantastic meeting. It was deemed the need to pursue the weight room renovation and was the consensus of the way all the coaches wanted to go. We're going to continue and have quarterly coaches meetings with the officers and athletic director. The next meeting is scheduled for March 4th.

Executive Committee - We had an Executive Committee meeting. Mike passed around an article that was in the Beacon Journal. Once you read the article you'll see our concerns. We need to operate in a more professional manner because we are growing. We will also be having quarterly executive committee meetings. Next date to be determined.

- In March, we will have a newly appointed nominating committee produce a slate of officers, if necessary. If the current officers would like to maintain their office, a nominating committee is not necessary. Then nominations can also be taken from the floor at the April meeting.

- Tim Bohannon will serve us as the Auditing Committee Chairperson

- Karen Powers will serve as Parliamentarian.

- Each committee will need to submit a budget with expenses and expected revenues. We need to get a better feel for how we handle cash. As we grow and more money is raised, we need to put a procedure in place. There needs to be an accounting principle that separates those that collect the money and those that disburse it. We'll need to investigate and come up with an accepted accounting practice.

- We're separating Programs from Advertising and will break into 2 chairpersons. Jim Balint will come up with a proposal on how to handle.
- We have also added a Public Relations Chairperson and have chosen Val Bonacci to handle. This position will involve Press Releases – publicizing the booster club to the news and community on all the positive, good things that the booster club is doing.
- We have appointed a new Volunteer Coordinator, as Val moves into Public Relations. Heidi Covan has been appointed the new Volunteer Coordinator.
- Thanks to Tom Harrell who graciously stepped into the interim temporary job of overseeing concessions. We need to Tom to concentrate on the huge job of the Mulch Mania. Tom will be the Mulch Chairperson, along with Neil Stuber helping him. Tom will also be actively assisting Ed Ferencz with the Chili open.
- The concessions will be overseen by Kim DiSanto.
- Chuck Duchon will be the liaison between the booster club, the teams, the parent groups and youth groups in coordinating their dates and fundraising efforts into one calendar.

All of the officers will be taking on various committees as a non-voting member to help the committee chairpersons where they need our assistance or help.

Kyle Kosmala would like to donate the Soccer teams holding money's to go towards the weight room.

Meeting adjourned at 8:30.

Submitted by Kim DiSanto, Secretary